

**BODY IMAGE AND
EATING DISORDER
AWARENESS WEEK**

6-12TH SEPTEMBER

This Body Image and Eating Disorders Awareness Week, reduce the impact that diet culture has on your life and celebrate all bodies as good bodies.



Learn more

If you're concerned about yourself or a loved one who may be experiencing an eating disorder or body dissatisfaction, call **The Butterfly National Helpline 1800 33 4673**, via webchat or email support@butterfly.org.au | 7 days a week, 8am-midnight. In a crisis? Call **Lifeline 13 11 14** or **000** in an emergency.

