

# MAYDAYS

*#PushingPastPostcodes*

**99%**

believe that there needs to be more awareness around what services are available in regional and remote places for people with eating disorders

**94%**

of people in regional and remote areas currently living with an eating disorder believe that where they live is an obstacle for accessing help

**92%**

reported that healthcare workers in regional and remote areas need more training and education on eating disorder treatment

**69%**

of those in regional and remote areas had faced stigma from those in the healthcare system as a result of the eating disorder

## BARRIERS TO ACCESSING HEALTHCARE & SUPPORT SURVEY RESULTS



**63%**

of those in regional and remote areas reported that COVID-19 had impacted their ability to seek treatment or support